



**June 2010 CALENDAR
PARENTS HELPING PARENTS
www.phpslo.org**

PARENTS HELPING PARENTS FAMILY RESOURCE CENTER

PHP serves families of children with special needs throughout San Luis Obispo County. Two lending libraries, which cover a wide variety of special needs topics, are equipped with toys, games and a place for children to play while their parents browse. PHP has a network of experienced staff and parents available for mentoring and support. A reliable source of current information, referrals, and training, PHP regularly e-mails a Calendar of Upcoming Events to interested families.

Contact: 805.543.3277 (SLO) or 805.461.7415 (Atascadero) or php@ucp-slo.org

SIBSHOPS COMING SOON!

Sibshops are getting started here in the Central Coast! A Sibshop is an exciting program just for brothers and sisters of kids with special needs. At Sibshops, brothers and sisters meet other siblings of children with special needs, have some fun, share experiences, learn more about disabilities, and enjoy games, crafts, food and activities. To join or for more information, contact us at centralcoastsibshop@yahoo.com or call Emily Dugan, 805.703.3761.

FINANCIAL OPPORTUNITIES FOR STUDENTS WITH DOWN SYNDROME SPONSORED BY THE NATIONAL DOWN SYNDROME SOCIETY

The Joshua O'Neil and Zeshan Tabani Enrichment Fund offers financial assistance to young adults (18+) with Down Syndrome who wish to continue to enrich their lives by enrolling in postsecondary programs or taking enrichment classes that will help them to enrich life through employment, independent living skills, life skills or another way. Visit <http://www.ndss.org/> to download the application, or contact Vanessa Quick at vquick@ndss.org or 800-221-4602 with any questions.

PHP SPONSORED EVENTS:

CREATIVE HOUSING OPTIONS SERIES

PHP is presenting a series of monthly programs to bring you the information you need to provide quality housing for your adult children with developmental disabilities. The Creative Housing Options series was developed from parent input to the surveys taken after the PHP Creative Housing Options Program in September. Please phone us if you would like to be placed on the interest list.

CREATIVE HOUSING OPTIONS: SOCIAL SECURITY BENEFITS

Learn to navigate the complex landscape of Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI), Social Security Benefits for adults with developmental disabilities.

Presenter: Patty Morales, Social Security Administration

Thursday, June 24, 2010, 7:00 p.m. – 8:30 p.m.

San Luis Obispo

Contact: RSVP to PHP, 543.3277

UCP EVENTS:

UCP KIDS CLUB FOR 6 – 12 YEAR OLDS & UCP TEEN CLUB FOR 13 – 17 YEAR OLDS

Community recreation activities and socialization opportunities for kids and teens with special needs, including transportation and supervision.

Saturday, June 19, 2010, 1:00 – 4:00 p.m.: BBQ at Lake Lopez/Mustang Waterslides

No Kid/Teen Club events in July or August 2010 due to Teen Camp.

Contact: Tessa, 543.7102 or youthservices@ucp-slo.org

UCP COMMUNITY INTERACTION PROGRAM: TOURS FOR ADULTS

Thursday, October 14, 2010 – Saturday, October 16, 2010: South Lake Tahoe Adventure

Cost: \$500

Contact: Kristine, 543.2039 or kristine@ucp-slo.org

UCP LEISURE CLUB LOCAL OUTINGS & ACTIVITIES FOR ADULTS

Saturday afternoon activities and outings for adults with special needs.

Saturday, July 24, 2010, 1:00 – 4:00 p.m.: Lake Lopez and the Mustang Waterslides

Saturday, August 21, 2010, 1:00 – 4:00 p.m.: SLO Park BBQ

Contact: Kristine, 543.2039 or kristine@ucp-slo.org

ONGOING:

CENTRAL COAST AUTISM SPECTRUM DISORDERS SUPPORT GROUPS: CENTRAL COUNTY AUTISM SUPPORT GROUP

This group is no longer meeting but may start up again in the future. For more information, contact Juli Miller at 235.6596 or email jmiller@autismspectrumcenter.com.

NORTH COUNTY AUTISM SPECTRUM SUPPORT GROUP

3rd Friday of every other month (odd-numbered months), 7:00 - 9:00 p.m.

July 16, 2010

Paso Robles

Contact: Becky, 471.1354 or nocosupport@autismspectrumcenter.com

SOUTH COUNTY AUTISM SUPPORT GROUP

3rd Wednesday of each month, 7:00 – 8:30 p.m.

Grover Beach

Contact: Leslie Barton, 904.9212

ENCOURAGEMENT/SUPPORT GROUP

For parents with children of special needs. The group's vision is to accept, encourage, and strengthen parents for the life-long journey of caring for a child with special needs.

3rd Tuesday of each month, 6:30 – 8:30 p.m.

Arroyo Grande

Contact: Scott and Liz Rice, 481.6843

FAMILY SUPPORT GROUP

Mondays, 9:30 a.m.

For families of children with special behavioral & mental health needs.

Contact: SLO & North County Transitions Mental Health: 458.2596 or mhughes@t-mha.org

Contact: Coastal & South County Transitions Mental Health: 458.6388 or

jgarza@t-mha.org

POSTPARTUM DEPRESSION SUPPORT GROUP

2nd Saturday of the month, 9:00 - 10:30 a.m.

Cost: \$20.

Contact: Joan Fusco, LCSW, 801.3127

SAN LUIS OBISPO COUNTY SPECIAL OLYMPICS TRAINING

Including: Aquatics, Power Soccer (Motorized Wheelchair), Golf, Gymnastics, Bocce, Track & Field.

Contact: 544.6444

SOCIAL ACTIVITIES

For parents and young adult children ages 18 – 35 with Asperger's, HFA, or PDD-NOS.

Next event: Kayaking in Morro Bay

Saturday, July 10, 2010, 9:30 a.m. – 10:30 a.m.

Kayak Horizons, Morro Bay

Cost: \$9/hr for single; \$13/hr for tandem

Contact: Victoria or Greg, 460.9389

OUT OF TOWN EVENTS:

UNIVERSITY OF SAN DIEGO AUTISM INSTITUTE SUMMER CONFERENCE

Beyond Behaviors: Reframing Our Perceptions

Monday, June 28, 2010 – Wednesday, June 30, 2010

San Diego, CA

Contact: http://www.sandiego.edu/soles/centers/autism_institute/conferences/index.php

24TH ANNUAL SUPPORTED LIFE CONFERENCE: "THE PURPOSE OF OUR PATH"

Thursday, October 7 – Friday, October 8, 2010

Sacramento, CA

Cost: To be determined

Contact: (916)567-1974 or www.supportedlife.org

For more information about parenting classes in the area, please visit Parent Connection's website at www.sloparents.org. Parent Connection is a web-based family resource center with a current list of parenting classes and family resources in SLO County.

The opinions listed in this newsletter are for your information and do not necessarily reflect the views of Parents Helping Parents.